

Dubai Dingoes Sports Club Newsletter



Dubai Rugby 7's
2008

Upcoming events

- Thursday 3 December to Saturday 5 December 2009
Dubai Rugby 7's Tournament
Dubai, United Arab Emirates
- Friday 11 December 2009:
Dubai Dingoes vs. Bahrain Blues
Manama, Bahrain
- Friday 12 February 2010:
Dubai Dingoes vs. Dubai
Dragons
Dubai, United Arab Emirates

Welcome to the 2009/2010 season

Welcome to the first edition of the new Dubai Dingoes Sports Club newsletter.

The Dubai Dingoes Sports Club is the oldest established Australian sporting association in Dubai, promoting Australian sports and culture in the Gulf and establishing a sense of community among the expatriate population.

Our club currently has over 30 playing members, plus numerous social members and sponsors. We envisage

the club continuing its growth to become the number one Australian Sports and Social Club in Dubai.

We are always keen to meet potential players, social members or sponsors and look forward to seeing you at the games.

Philip Temple

Club President

'With new members and a strong squad again we are confident that we can improve on last year's results and hope to be holding the cup come finals time'

Mat MacFarlane, Coach

Principal sponsor announced for 2009/2010

Dubai Dingoes is proud to announce Al Mubdee Scaffolding (AMS) LLC as our principal sponsor for the 2009/2010 season

AMS are a major scaffolding contractor in Dubai, working on high profile projects such as the construction of the new 1.2 km grandstand at Nad al Sheba Racecourse.

We would like to welcome Mike Ralph and the rest of the AMS team to our club and thank them for recognising this

unique opportunity to link to the Australian expatriate community.

North West Marine, one of the leading marine product/service suppliers in the UAE has also renewed their commitment to our club, as a silver sponsor for the upcoming year.

The financial support of AMS and North West Marine enables the continued success of our club and we ask you to reciprocate by supporting these organisations where you can.



DUBAI DINGOES





Dubai Physiotherapy and Family Medicine Clinic

If you've been plagued old sports injury that regularly comes back to haunt you, it might be worth paying a visit to Dubai Dingoes member Timothy Fletcher at Physiotherapy and Family Medicine Clinic.

The clinic was established in 1992 and provides a range of other services including an Acupuncturist, Nutritionist, Osteopath, Speech Therapist and Sports Therapist.

Hours of Operation:

Saturday to Thursday: 8:00am - 7:00pm

Phone to request an appointment with Tim:

+971 (4) 349-6333

1st Floor, Town Centre Jumeirah,
Jumeirah Beach Road

Match report: Doha Kangaroos vs. Dubai Dingoes

On Friday 13 November 2009, Dubai Dingoes AFL team headed to Doha, Qatar for our second game of the 2009/2010 AFL Middle East season.

The Dingoes were kitted up early and on the track for a brief warm up, then were into the rooms for the game plan. Smart footy, conserve the energy, slow the game down and kick long into the forwarded line was the order of the day.

It was Doha who burst out the centre first and kicked 2 goals on the trot. The Dingoes found their stride and 5 goals went sailing through the big sticks to give the Dingoes a 3-goal lead at the break.

The second quarter was a great spectacle of Aussie Rules with both teams winning the ball evenly out of the centre. Each team had scored 3 goals each by the 10 minute mark and the Dingoes went on to score another. At half time the Dingoes were 5 goals up.

The Dingoes dug deep after the long break to fend off the Doha attack and only conceded 2 goals 2 for the quarter, but only managed to score 1 goal 2.

The final quarter saw Doha burst out from the centre kicking the first 2 goals. The Dingoes replied with the next goal and it was the same again with 2 more to Doha and another one to the Dingoes. With 4 minutes left we were 3 points up but with a now rampant crowd behind the home team and still plenty of gas in the tank, Doha scored the next 2 goals and won by 8 points.

It was a great game of footy, with everyone giving 100%. We know with a couple more players we would have cruised home. Special thanks to everyone who made the trip to play and help out.

Final score: Doha 13-8, Dingoes 12-6

Goals: Alex (5), Mo (2), Tim (2), Chris (1), Nigel (1), Zac (1)

Coaches Corner – Dubai Rugby 7's

16 weeks out from the Dubai Rugby 7's, Rod Rocket Balladen and myself got together to discuss going into camp the following week. With this push we rallied a group of boys to start pre-season training. Starting out with only 5 guys, we multiplied week by week ending up with a core group of 22 strong lads as our train-on squad.

With new coaching staff elected this year, including myself as strength and conditioning coach and Rod as ball skills coach, by the fourth week in we were ready to rock and our aim was to separate the men from the boys. With around 12 weeks to go until the main event the whole duty roster were put on notice that 100% commitment was required to secure a spot in the final 12.

With a mix of backgrounds and levels of experience the challenge for coaching staff was to get unity and calm amongst the group and to get everybody on the same page. All the boys committed to our sweat-filled Tuesday and Friday sessions and in no time and were starting to look like a rugby squad.

Now as we look back, just one week out from what we have trained so hard for, the commitment of all the boys shows both on and off the park. This is what being part of a team is about - enjoy the experience!

Nigel Prasad
Strength and Conditioning Coach



Dubai Rugby 7's will be held
Thursday 3 December to Saturday 5
December 2009

Emirates Rugby 7's Ground,
Al Ain Road
Dubai, United Arab Emirates

Come along and support your team!

Dubai Dingoes Sports Club

www.dubaidingoessportsclub.com

Email: dubaidingoes@yahoo.com.au

Management and coaching

Philip Temple, Club President

Zac Donev: Operations

Chris Elliott: AFL Coach

Matt Macfarlane: AFL Coach

Mo Darwish: AFL team captain

Nigel Prasad: Rugby 7's Coach

Rod Ballenden: Rugby 7's Coach

2009/2010 Sponsors

Al Mubdee Scaffolding (AMS) LLC

www.ams-gcc.com

North West Marine

www.nw-marine.com

Get involved

Contact us to find out more about becoming a playing member, social member, club sponsor or volunteer



DUBAI DINGOES



Dubai Dingoes Sports Club membership

We would like to encourage all our existing and new members to register for the 2009/2010 season to enable our club to continue to grow.

Memberships are available for playing members and social members.

You should register as a playing member if you intend to play in the Rugby 7s, AFL 9s, AFL Middle East, Bali 9's, Dubai Gaelic Games.

Playing and social members receive a range of benefits like the new Dubai Dingoes training singlet with name and unique club ID, Dubai Dingoes football jersey for game days, full registration fees for Rugby 7's, Dubai AFL 9's, AFL Middle East, Bali 9's and Dubai Gaelic Games, subsidised travel to all games including those outside the country, all coaching and sports equipment for training and subsidized social events.

We are also registering our other sporting teams such as beach volleyball, and looking to establish discounted group rates for Yoga or Physio for our members.

If you have not yet purchased your membership for 2009/2010, please contact dubaidingoes@yahoo.com.au so that we can send you the application form.

Club membership for 2009/2010

Playing membership: 500 AED

Social membership: 200 AED

Emirates Airline Dubai Rugby Sevens Fixture

We will be playing over three days during the 2009 Dubai Rugby Sevens and welcome all the supporters to come down and cheer on the Dingoes in their quest for the trophy. Game times and pitch numbers are below:

Thursday 3rd December (Local Social B)

15:40	Dubai Dingoes Vs Multiplexer Marauders	Pitch 4
17:40	Dubai Dingoes Vs Emirates Airline Flying Muppets	Pitch 5
20:20	Dubai Dingoes Vs Dubai Lankans	Pitch 4

Friday 4th December

19:20	1 st LSA V 2 nd LSB (Q1)	Pitch 5
19:40	1 st LSD V 2 nd LSC (Q2)	Pitch 5
20:00	1 st LSC V 2 nd LSD (Q3)	Pitch 5
20:20	1 st LSB V 2 nd LSA (Q4)	Pitch 5

Saturday 5th December

11:00	Q1 winner V Q2 winner	Pitch 4
11:20	Q3 winner V Q4 winner	Pitch 4

Saturday 5th December

15:45	Final Local Social	Pitch 1
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Launch of new website

In November 2009 we launched the new Dubai Dingoes Sports Club website.

The website provides background information about our club, the sporting events we take part in, upcoming social events and even player profiles.

Check out our new look website:

www.dubaidingoessportsclub.com